

Established in 2005, Puentes has been dedicated to supporting the Latino/a/e/ Hispanic community and non-English speakers seeking healing and recovery. Puentes addresses the mental health and substance use needs of individuals 18 and older in Multnomah County and surrounding areas, providing personalized care from bicultural and bilingual clinicians who share their clients' language, cultural background, and life experiences.

Program Overview

Puentes staff create tailored treatment plans to meet the unique needs of each individual. Treatment is designed for adults and addresses conditions like depression, anxiety, trauma, and other life stressors.

These plans include behavioral health services such as:

- Mental health care
- Group counseling
- Individual counseling
- Outpatient addiction treatment
- Recovery groups
- Peer support
- Case management
- DUII treatment

During treatment, clients may receive case management and referrals for medical, psychiatric, and holistic care. The average length of treatment is six months, depending on individual needs. Clients in recovery experiencing homelessness may qualify for transitional, supportive housing.

Puentes accommodates monolingual and bilingual individuals in English and Spanish.



How to Access Care

Call **(503) 546-9975** to become a client. Our bilingual staff will assist with paperwork and scheduling./Liámanos al (503) 546-9975 para convertirte en cliente. Nuestro personal bilingüe lo ayudará a completar cualquier documentación necesaria y programar una cita.

The SUD referral packet can be found on the CCC website under the Puentes page.

Eligibility

Puentes specializes in mental health counseling, substance abuse, and DUII treatment for Latino/a/e residents of Multnomah County. Services may also be available to residents of other counties if they are insured. Please call for more information.

Insurance Information

Puentes is committed to providing inclusive and accessible care to everyone, regardless of insurance status or financial situation. We accept the Oregon Health Plan, self-pay arrangements, and select private insurance options.

Need coverage? Our dedicated team is ready to help!